

**SCHEDULE 12 APRIL TO 26 JUNE 2015**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>6.30-8.30</b> <b>Ashtanga Mysore</b> Start 13/4-22/6 Malmö		<b>6.30-9.00</b> <b>Ashtanga Open self-practice</b> Start 15/4-24/6 Malmö		<b>6.30-8.30</b> <b>Ashtanga Mysore</b> Start 17/4-26/6 Lund		<b>09.10-09.30</b> <b>Chanting</b> Start 12/4-21/6 Malmö
						<b>09.30-11.30</b> <b>Ashtanga Mysore</b> Start 12/4-21/6 Malmö
					<b>12.30-14.00</b> <b>Ashtanga Led class</b> (up until half primary series) Start 18/4-6/6 Lund	<b>12.00-14.00</b> <b>Vinyasa Technique</b> 12/4, 10/5, 14/6 <b>Yoga Philosophy Workshop</b> 26/4, 24/5 Malmö
						14.30-16.00 Free intro to Mysore style Malmö Only once
<b>16.45-19.15</b> <b>Ashtanga Mysore</b> Start 13/4-22/6 Lund	<b>16.45-19.15</b> <b>Ashtanga Mysore</b> Start 14/4-23/6 Malmö	<b>16.45-19.15</b> <b>Ashtanga Mysore</b> Start 15/4-24/6 Lund	<b>16.45-19.15</b> <b>Ashtanga Mysore</b> Start 16/4-25/6 Malmö	<b>17.15-18.45</b> <b>Ashtanga Led class</b> (whole Primary series) Start 17/4-26/6 Malmö		<b>14.30-16.00</b> <b>Ashtanga beginner's course</b> Start 19/4 - 14/6 Malmö

**No class on public holidays:** 30/4 Valborgsmässoafton, Första maj 1/5, Midsommarafton 19/6 **Moon days (full/ new moon)** No morning class 4/5 and 18/5